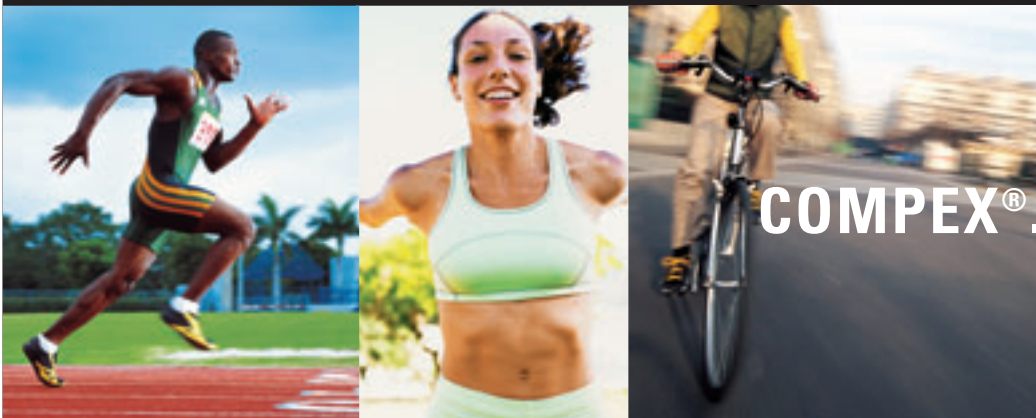




Product Catalogue



When you seek to improve your muscular performance and your well-being, COMPEX® is what you need: as a complement to daily exercise or to use from time to time when you can't do physical activity.

Whether it is sports training, fitness workouts, muscle development, relaxation, aesthetics, recuperation or pain relief, COMPEX® is the market and technology leader in electro-stimulation. Our products are proven to work with thousands of users around the world.



The responsibility of a leader.

20 years!

Since 1986, COMPEX has partnered with healthcare professionals and high-level athletes. We are proud of this unique exchange of professional expertise and ideas which allows us to develop reliable, high-quality devices and new therapy and physical training protocols. Whether you are a professional or recreational athlete, COMPEX can challenge your muscles and help you discover your full potential.

▪ **Effectiveness that you can feel!**

Only COMPEX provides effective results you can feel from the very first time you use it. And, as you continue to workout with Compex, you will see additional results, so you will stay motivated to keep going.

▪ **Ease and simplicity of use!**

Flawless COMPEX technology, drawn from its dual roots – Swiss quality and medical background– is incredibly user-friendly. With the launch of *muscle intelligence™*, simplicity of use has been designed into every new product in the Compex line.

▪ **Pushing our responsibility as leader even further!**

Since electrostimulation with Compex is beneficial for all... because it enables everyone to discover his or her potential... shouldn't everybody have access to it? We think so!

Compex® Discover a better you*



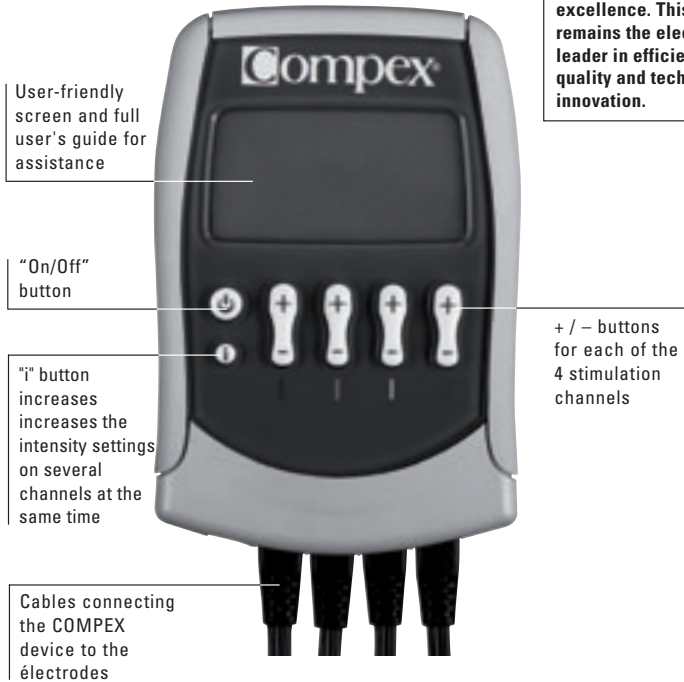
Electrostimulation at the service of mankind

Electrostimulation reproduces the body's natural process of voluntary muscular contractions thanks to « optimal » electrical impulses. These comfortable impulses, which stimulate the muscle's motor nerve, produce muscle contractions as naturally as any sports activity.

The superior engineering and easy-to-use design of COMPEX products make them incredibly comfortable to use and quick to master.

SWISS TECHNOLOGY

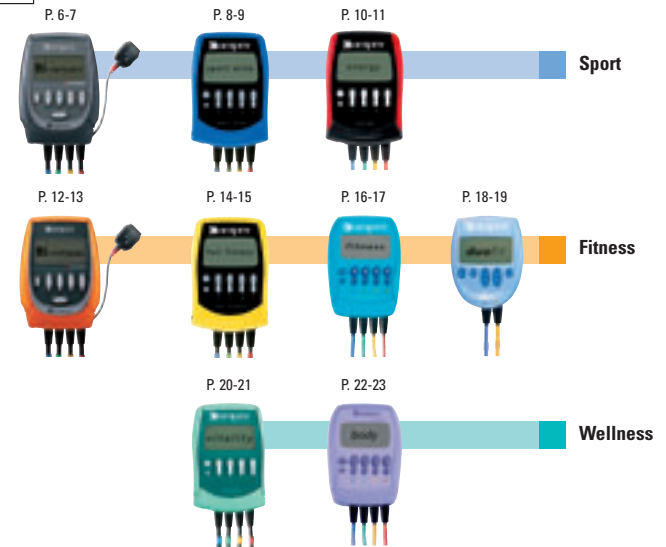
With superior Swiss technology, COMPEX can guarantee unmatched precision and excellence. This is why COMPEX remains the electrostimulation leader in efficiency, product quality and technological innovation.



MUSCLE INTELLIGENCE™ : The muscular revolution is under way!

In this catalogue you will discover certain COMPEX models preceded by the symbol *Mi*, which stands for *muscle intelligence*™. *Mi* is a revolutionary technology, exclusive to COMPEX, which electronically senses the condition of your muscles and delivers stimulation that is customized for your muscles. Your training is automatically personalised and therefore is perfectly suited to your physiology.

SUMMARY



SPORT

COMPEX MI-SPORT

 The drive for excellence.



Example of application:
improving your
resistance.



Sport is passion above all else.

You strive for excellence and push yourself to be your best; testing your limits. Thanks to *muscle intelligence™* technology, the COMPEX mi-SPORT

adapts automatically to your physiology and personal needs. It enhances all your fitness and training regimens with advanced engineering. Its interactive training planner DVD creates a unique and personal training programme adapted to your current physical condition and the demands of the competitions to come.

- Equipped with the *mi*-SENSOR to **automatically** sense and personalize your training sessions according to your physiology.
- **5 levels of progression** to keep you challenged and help you improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **8 categories of programmes:** warm-up, sport, recovery, cross-training, pain relief, rehabilitation, test, conditioning.
- **LCD screen** with back lighting for easy readability in all circumstances.
- **"Easy Snap"** connection system makes it easy to connect the cable to the electrode with one hand by just pressing it on (even for your back!).



SPORT

COMPEX SPORT ELITE

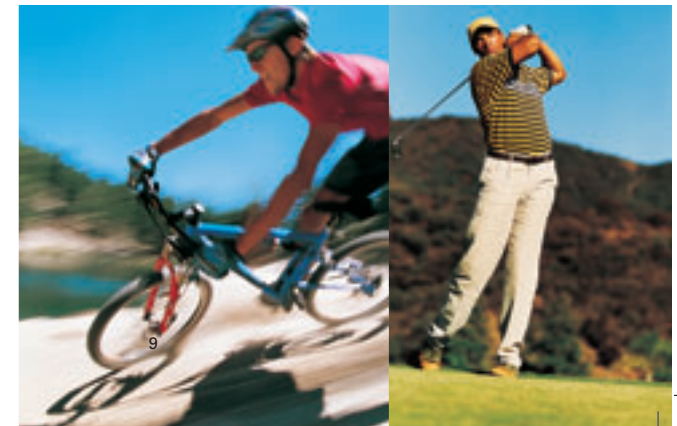
■ ■ ■ ■ Reveal your potential through improved performance.

Pushing yourself to excel. Living your sport to its fullest. This has never been a question of ego. Taking yourself to your personal limits is a physical need. The **COMPEX sport elite** enables you to improve your performance and enhance your training with « sport » programmes: (endurance, resistance, strength...) and « post-effort/recovery » programs (contracture, regeneration...).



Example of application: preparing for the ski season.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **5 levels of progression** to help you progress, develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **6 categories of programmes:** sport, pain management, vascular, massage, rehabilitation, fitness.
- **LCD screen** with back lighting for easy readability in all circumstances.
- **"Easy Snap"** connection system makes it easy to connect the cable to the electrode with one hand by just pressing it on (even for your back!).



SPORT

COMPEX ENERGY

■ ■ ■ ■ Enjoy keeping your body in shape.

Sports are not an end, but a means. A means to stay fit and to feel well, of spending the week's built up energy and keeping your body toned to achieve its potential. Easy to use, the COMPEX *energy*, with its three categories of programmes (sport, health, aesthetics), allows you to effectively maintain your physical condition and relieve everyday minor aches and pains.



Example of application: gradually taking up a sport activity done in the past.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **3 training levels** so you can develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **3 categories of programmes:** sport, health, aesthetics.



FITNESS

COMPEX MI-FITNESS

 The customized way to shape your body.



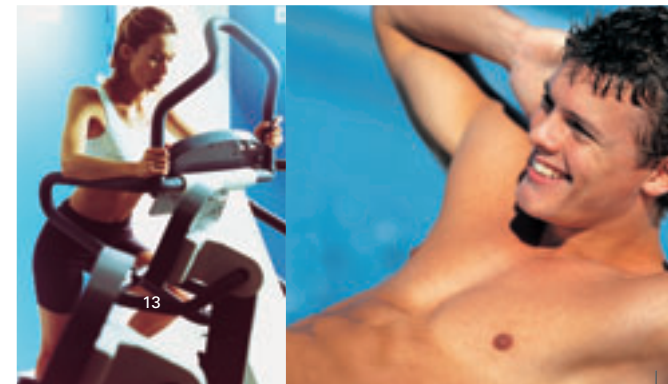
To be your very best and to perform to your potential in every day life you need to be healthy and fit. This enables you to always be in top form, and above all, to be in control of your body's performance.

The COMPEX mi-FITNESS is designed to be your Personal Trainer, a true «coach» diagnosing, analysing and automatically adapting stimulation programme sessions to help you achieve a higher level of fitness and obtain the best possible results.

- Equipped with the **mi-SENSOR** to **automatically** sense and personalize your training sessions according to your physiology.
- **5 levels of progression** so you can develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **7 categories of programmes:** warm-up, fitness, cross-training, body sculpt, recovery, pain relief, test.
- **LCD screen** with back lighting for easy readability in all circumstances.
- **"Easy Snap"** connection system makes it easy to connect the cable to the electrode with one hand by just pressing it on (even for your back!).



Example of application: developing and sculpting the upper body.





Having respect for your body means having respect for yourself.



FITNESS

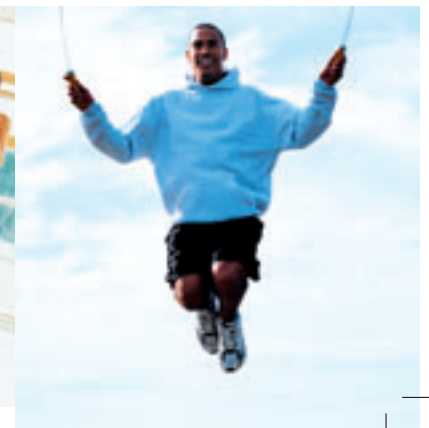
COMPEX FULL FITNESS

Paying attention to your health means respecting your body and taking care of it every day. The most important element for maintaining a healthy lifestyle is to stay fit. For most of us that means finding an easy way to do it! The COMPEX *full fitness*, and its specific fitness programmes (muscultation, step, jogging, stretching...), enables you to easily maintain your fitness level and to stay healthy and full of vigour each day. Additionally, its complementary applications (pain management, massage, aesthetics...) contribute to your well-being in a simple and effective manner.



Example of application: recovering better and more quickly after an effort.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **5 levels of progression** to develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **6 categories of programmes:** fitness, aesthetics, massage, vascular, pain management, sport.
- **"Easy Snap"** connection system makes it easy to connect the cable to the electrode with one hand by just pressing it on (even for your back!).



FITNESS

COMPEX FITNESS

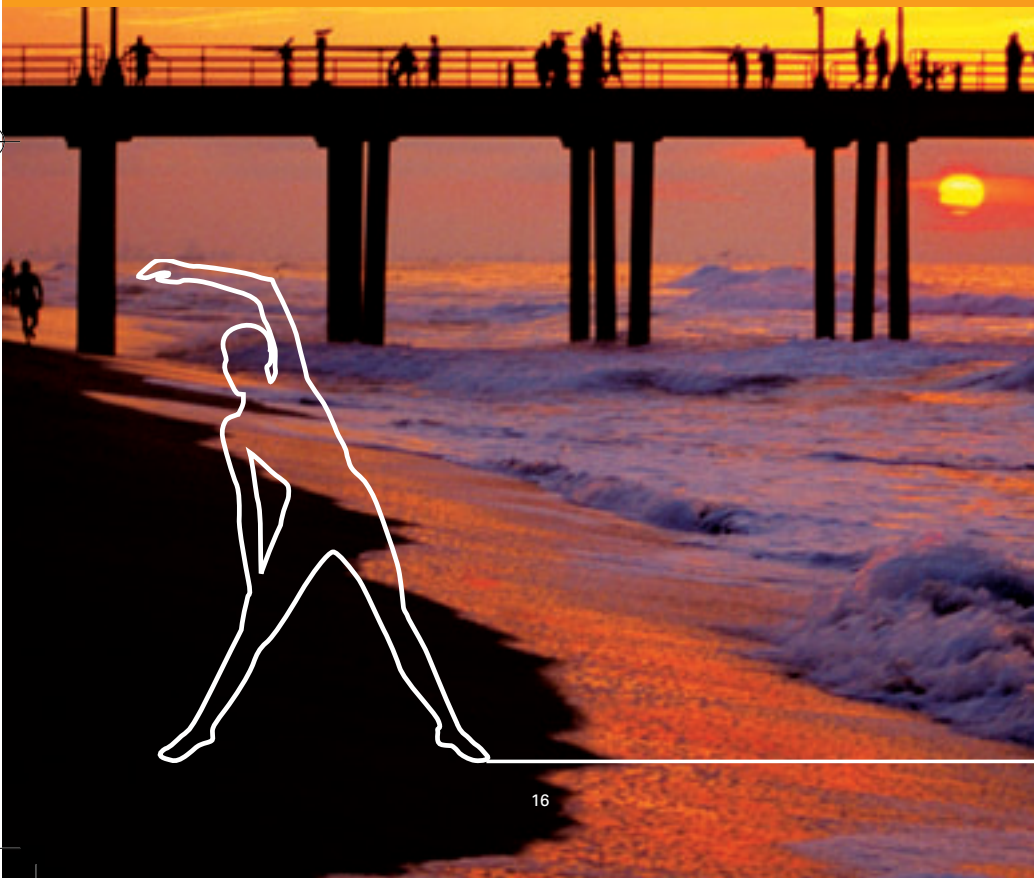
■ ■ ■ ■ Being aware of your body's needs.

The human body needs to be maintained; but sometimes it is neglected, and with time, the body can let us down physically. Sports are undertaken less frequently and health problems become more frequent. The COMPEX fitness is ideal to restore your body tone and prevent muscular pains. It enables you to rediscover the joys of feeling completely fit, of participating in sports and feeling well in both body and mind.



Example of application:
toning up your figure.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **3 levels of progression** to develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **3 categories of programmes:** aesthetics, fitness, health.





FITNESS

COMPEX DUOFIT



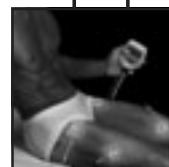
To look your best, take the first step; your body will do the rest.



You want to look your best: toned arms, firm abs, strong shoulders and shapely legs. Whatever your fitness goal, duofit can help you achieve the body you've always dreamed of. The COMPEX *duofit* makes it possible for you to be youthful and fit, no matter the activity you enjoy. It is the best fitness solution offering an affordable price and ease of use. duofit is the ideal way to discover what COMPEX quality can do for your fitness needs and your appearance. Its small size and ease of use make it the perfect fitness companion for those who travel.



- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **3 levels of progression** to develop and improve cycle after cycle.
- **2 channels** for more flexible training sessions.
- **2 categories of programmes:** fitness and wellness.



Example of application: gaining strength.





■ ■ ■ ■ Feel young in body and mind.



WELLNESS

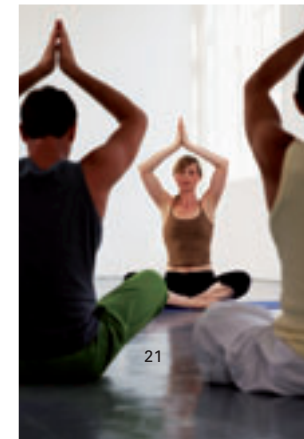
COMPEX VITALITY



Example of application:
relieving
a stiff neck.

Look and feel young, no matter what your age!
Staying healthy and fit, maintaining your shape and being able to recover completely from physical activities are essential components of looking and feeling young. COMPEX *vitality* is designed with specific exercise programs to help you perform better in everyday activities, be strong, keep fit and stay healthy.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **5 levels of progression** to develop and improve session after session.
- **4 channels** provide comprehensive training for the whole body.
- **6 categories of programmes:** fitness, aesthetics, massage, vascular, pain management, rehabilitation.
- The "**Easy Snap**" connection system makes it easy to connect the cable to the electrode with one hand by just pressing it on (even on your back!).



WELLNESS

COMPEX BODY

■ ■ ■ ■ **Maintain a shapely, attractive body.**

Taking care of your body is essential for maintaining an attractive and shapely figure. Thanks to its ease of use and specific programmes, **COMPEX body** will help you to keep a trim, attractive figure with toned muscles.



Example of application:
improving the tone
of your buttocks.

- Choose from **7 different body-specific** types of stimulation that are adapted for each body part.
- **3 levels of progression** to develop and improve cycle after cycle.
- **4 channels** provide comprehensive training for the whole body.
- **3 categories of programmes:** aesthetics, health and sport.



COMPEX® range

- SPORT
- FITNESS
- WELLNESS



+ SWISS TECHNOLOGY

AESTHETIC

Adipostress									
Shaping									
Refinement			■	■	■			■	■
Muscle firming			■	■	■	■	■	■	■
Calorilysis								■	
Muscle tone			■	■	■			■	■
Elasticity								■	■
Buttocks			■	■	■	■	■	■	■
Abs	■		■	■	■	■	■	■	■

CROSS-TRAINING

Cross-endurance	■			■					
Combined workout			■	■	■	■	■	■	■
Cross-resistance	■			■					
Cross-explosivity	■			■					

Reviving massage	■	■		■	■			■	
Undulated massage 1	■			■					
Toning massage	■	■		■	■			■	
Anti-stress massage				■				■	
Relaxing massage	■	■	■	■	■	■	■	■	■
Undulated massage 2	■			■					

Disuse atrophy	■	■						■	
Muscle growth	■	■						■	
Reinforcement	■	■						■	

Motor point	■			■					
Demo	■			■					

M2-SENSOR	■			■					
M2-SCAN	■			■					
M2-ACTION	■			■					
M2-TENS	■			■					
M2-RANGE	■			■					
Easy Snap	■	■		■	■			■	
Backlit screen	■	■		■					
User guide on DVD	■	■	■	■	■	■	■	■	■
Training planner on DVD		■	■	■	■	■	■	■	■
Motor point pen	■			■					
NIMH battery	■	■	■	■	■			■	
Fast charger	■	■		■	■			■	
Disposable battery						■	■		■





COMPEX® accessories



Why choose Complex accessories?

- **Complex accessories are specifically designed by our Research & Development department to provide superior performance when used with our devices. High-quality accessories guarantee simplicity of use, effectiveness and safety, essential elements for your success!**
- **Complex accessories are designed with ease of use in mind, helping to increase your personal comfort during your workout session.**
- **By using Complex gel and electrodes you will increase the effectiveness of your sessions and extend the life of your electrodes.**



Complex electrodes

There are two types of Complex electrodes, each specifically designed to optimise the performance of your Complex muscle stimulator. "**UNIVERSAL**" is our tried and tested electrode. "**PERFORMANCE**" is our new electrode that is designed for optimal personal comfort and results.

PERFORMANCE ***		UNIVERSAL *
Snap Electrode	Wire Electrode	Wire Electrode

COMPEX® accessories

Comfortable and effective sessions!



COMPEX GEL

- Facilitates contact between the skin and the electrode
- Increases the comfort and effectiveness of muscle stimulation
- Recommended for individuals with dry or very hairy skin
- Compatible with all types of electrodes
- Use for electronic stimulation only

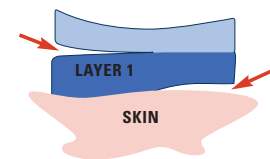
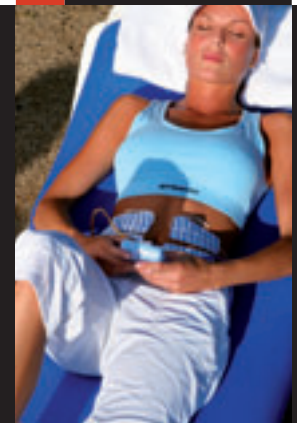


PERFORMANCE ELECTRODES

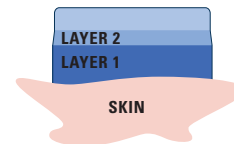
- **Comfortable:** optimum transfer of the stimulation during higher-intensity sessions guarantees an improved effectiveness
- **Reusable:** longer lasting (actual service life varies depending on the type of skin and the conditions of use)
- **Adaptable:** can be used with all types of stimulators

The COMPEX difference!

+ SWISS TECHNOLOGY

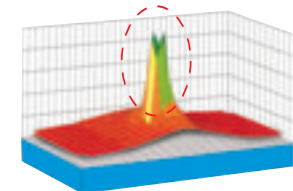


Electrode WITHOUT Multistick® gel

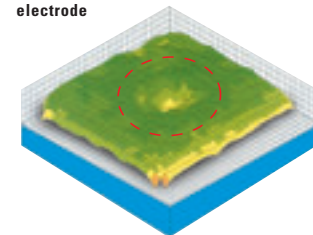


Electrode WITH Multistick® gel

Several layers of Multistick® gel help the electrode adhere better to the skin, making the workout more effective and comfortable.



Current distribution with a traditional electrode



Current distribution with an electrode from the COMPEX PERFORMANCE range

"PERFORMANCE" electrodes distribute the current perfectly over the surface of the electrode, thus eliminating any uncomfortable prickling feeling that may sometimes occur during the workout.



Compex Medical reserves the right to make changes and improvements to any of the products described in this document without prior notice, to revise or withdraw this document at any time without prior notice

International

Compex SAS

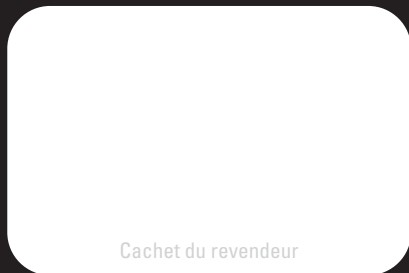
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Switzerland



Cachet du revendeur

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